



## Dance / Fitness Program - Dance2bfit

Dear Parent/Guardian,

We are having the Dance2bfit Program at our school in Term 3 2019. The Program is energetic, innovative and a fun way for our students to get fit and funky learning the latest dance styles to the hottest music tracks. This is a great program to improve the fitness levels of students while they are having a great time. Dance2bfit will be preparing our students for their Concert Performance.

Dance2bfit has been developed specifically for NSW Primary Schools under the PDHPE syllabus. Each class will learn a professionally choreographed dance routine suitable for their age and ability level as well as develop their confidence and skill in this area of the Arts.



For your child to participate you will need to complete the permission note below and pay \$38 to the school by 26<sup>th</sup> July 2019. Students will learn their class performance routine, a whole school finale item and rehearse both of these items over the 10 week program.

We hope that all students are able to participate in this program.

Kind regards,

Kylie Allardice  
Principal

Jess King  
PDHPE Coordinator

I give permission for my child \_\_\_\_\_ of class \_\_\_\_\_ to participate in

Dance2bfit classes to be conducted at Shoal Bay Public School in Term 3, 2019 beginning in week 1.  
 I understand that if my child is absent for the session, the money cannot be refunded.



Parent/guardian signature \_\_\_\_\_

Dated \_\_\_\_\_ Attached is \$38 to cover the cost.

**Please return the permission note to the School Office by Friday, 26<sup>th</sup> July**