

SNIPPETS

Shoal Bay Public School

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Term 1 Week 11| Mon 9 Apr 2018

From Kylie's Desk

2018 Term 1 Calendar

Wk 11 Apr

- 10 **Athletics Carnival K-6**
5.30pm P&C Meeting:
Library
Year 6 THS information
evening @ 6pm TPS small hall
Tour of high school @5.30pm
- 11 Back-up Athletics Carnival
- 12 Kinder Sounds Day
- 13 ANZAC Day Service 10am
IH Assembly
Last day of term

ANZAC DAY



PBL

Our 3 core values are **RESPECT**,
RESPONSIBILITY and **EXCELLENCE**.
This week we are focussing on
Excellence:
Be Involved

Payments Due	Amnt	Due by
Resource Pack	\$70	ASAP
Taronga Zoo	\$40	4 May

Dear parents, carers and friends of our school,

This is our final week for Term 1. Term 2 begins for our staff on Monday 30th April. We will be having a staff development day. The staff will be updating their CPR and Anaphylaxis training as well as undertaking training in Autism. On Tuesday 1st May all students will return to school and lessons for Term 2 will begin. I hope you all have a very safe and happy holiday. Please remember to encourage your children to continue to read during the break.

PARENT/TEACHER MEETINGS

This week you will receive information letting you know the date and time your child's class teacher has allocated to talk with you about how your child is going at school. I would really love to see all of our families involved in this opportunity. Our staff value this time to discuss your child's progress and successes with you and use their own time to ensure you have this opportunity.

THANK YOU

Last week our Kindergarten classes were very fortunate to come back to freshly cleaned carpets following the Easter long weekend. Mr Byrnes kindly donated his time and services (from his business) to shampoo and clean the Kindergarten classrooms. This generous offer was really appreciated. The rooms are looking fabulous.

ATHLETICS CARNIVAL

Tomorrow we have our K-6 Athletics carnival on at the Tomaree Sports Complex. Children can come dressed in their house colours. There will be a canteen operating and the P&C are also running a BBQ. Mr Byrnes has generously offered to cook this during the day and I am sure other volunteers would be greatly appreciated.

The Year 6 parents have also organised to have a coffee van on site so you don't need to grab a coffee elsewhere on your way to the fields.

A REMINDER FOR KINDER PARENTS

On Thursday we have our Sounds Day celebration. The students have been given a sound to represent by dressing up for the day. They may also bring in a small amount of food to share for a Kindergarten party.

REGIONAL NETBALL COMPETITION

Congratulations Chelsea for your efforts at the Regional Netball Competition on Friday 6th April. It was wonderful to have you representing our school with pride.

CAPA REPRESENTATIVE

Well done to Tilly, who sang with the Hunter Trebles today in a concert in Newcastle. They are a selective state choir ran by The Department of Education. Tilly will be representing Shoal bay Public School, singing with the youth choir in Starstruck at the Opera House.



ANZAC DAY SERVICE

This year we will be holding our school ANZAC Day Service on Friday 13th April at 10am in our COLA. All families are welcome to attend. We have also invited special guests including members of the defence force and residents from Harbourside Apartments. Parents and carers who are members of the defence forces are also invited to wear their uniforms and come along to this service. During the ceremony the school students will join in with a song learnt by all and representatives from all classes will lay a wreath.

Mrs Swartz, Ms Bzadough and Miss Hewitt are also organising care packages for our soldiers. The staff are purchasing the boxes for posting and we would appreciate it if families could kindly donate some items to send over to the soldiers.

ANZAC DAY PARADE

We will also be marching as a school at the ANZAC Day Parade in Nelson Bay on April 25th. It would be wonderful to have many of our students march with us on this day. Please meet in the Nelson Bay Bowling Club car park. Please look in the Examiner for the official start time of the march. Traditionally the march has begun around 10.30am. Please wear full school uniform. Students will march with teachers and any family members who would like to join us. We will then watch the service in Apex Park together before children are taken home by their parents. All children must let a staff member know who they are leaving with.

Canteen News Week 11

Thank you to volunteers Nikki, Vanessa, Miki and Fran for all your help over the last week in the school canteen. Your help is greatly appreciated! Thank you to Karen Baker for your kind donation of an Apple Slinky Machine.

As this week is the last week of the school term we will have reduced stock levels to enable us to defrost fridges and freezers before the school holidays. We currently have all menu items available. As this changes we will inform you at the time of your order being placed at the canteen

Please ensure lunch orders are in by 9.10am each morning and don't forget to write your name and class on your lunch order.

I would like to wish all the students, teachers/staff and their families a happy, safe holiday!

Belinda Lavers,

Canteen Manager

P&C Easter Raffle

Thanks to everyone's support for the Easter Raffle. The P&C raised \$756.20 as a result.

Kinder Parents Reminder

Tuesday The whole school will be going out to Tomaree Sports Complex for our annual athletics carnival. The students can wear the colours of their house on this day. Remember to wear a broad brimmed hat. Students will travel on the bus straight after morning assembly and Kinder will return at 1.15pm. Parents are very welcome to come along and join in the fun.

Thursday We have our Sounds Day Celebration. The students have been given a sound to represent by dressing up for the day. They may also bring in a small amount of food to share for a Kindergarten party.

Friday We will hold our ANZAC day ceremony from 10-11am. All Defence force parents are welcome to attend in uniform.



Parent Information Night

Tuesday 10th April 2018

Location: Tomaree High School Small Hall

Time: 6pm for 6:15pm - 7pm Information session

Parents and caregivers of Year 6 students are invited to attend a Parent Information Evening on Tuesday 10th April. The session is an introduction to Tomaree High and provides information about our school such as subjects studied, mainstream/specialist classes and extracurricular activities.

In 2019, Tomaree High School will again offer the following specialist classes:

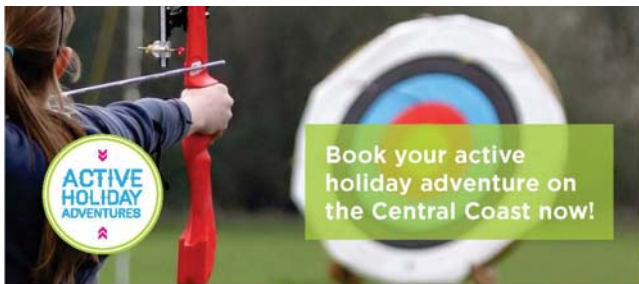
- Talented Sports Program
- Academic Extension
- Creative and Performing Arts

There will be opportunities to ask questions and talk to various members of staff. We look forward to supporting your child in their transition to High School.

Athletics Carnival

Please meet your kids at the oval about 9.30am. The kids come here and catch a bus over to the fields. They can wear house colours and must have a broad-brimmed hat. Please make sure your child has sunscreen and water. The canteen will be open and parents are welcome to come watch and help out anywhere required. Thanks.





OFFICE OF SPORT

AUTUMN SCHOOL HOLIDAY PROGRAMS

Have an active holiday adventure on the Central Coast with our holiday activities for kids and teens.

Test your reflexes and see if you can hit a bullseye under the guidance of one of our trained instructors at Archery.

Learn to play tennis or improve your technique with our three-day Tennis Clinic, with lunch included each day.

Perhaps Parkour, a non-competitive physical discipline of training helping you move freely over and through any surface or terrain is your style - or you could try one of our Gymnastics Programs, with two days of fundamental movement and skills taught by our accredited coaches.

Surfing is ideal for beginner and intermediate surfers, teaching you all you need to know to tear up the waves. Learn about water safety, rips, currents and reading the waves and get hands-on training in how to mount and dismount, paddle and turn.

Central Coast Region

Archery

17 April - 10:00am to midday
24 April - 10:00am to midday

Tennis

18 - 20 April - 9:00am to 2:00pm
23 - 25 April - 9:00am to 2:00pm
(excluding ANZAC Day public holiday)

Parkour

17 April - 2:00pm to 4:00pm
24 April - 2:00pm to 4:00pm

Gymnastics

23 - 24 April - midday to 2:00pm

Surfing

18 - 20 April (Umina Beach) - midday to 1:30pm
18 - 20 April (Avoca Beach) - 3:00pm to 4:30pm
25 - 27 April (Umina Beach) - 3:00pm to 4:30pm
25 - 27 April (Avoca Beach) - 10:00am to 11:30am



facebook.com/nswsportandrecreation
sportandrecreation.nsw.gov.au/schoolholidays | 13 13 02



ANZAC Day Care Packages

Dear Shoal Bay Families,

This year, to coincide with our ANZAC Day service on Friday the 13th of April at 10am, we have decided to put together school care packages to send to our troops who are currently serving in the Middle East. Care packages can be sent free of charge to our deployed troops, so long as they strictly comply with Australia Post guidelines.

If we post these packages on the 13th they will arrive on ANZAC Day!

Such a great idea for all our serving men and women!

Staff are buying the postage boxes, students will be writing letters and making things in class to go into the packages but we need donations from you for both male and female personnel (see suggestion list below).

If you would like to contribute something to go into our care packages please send it to the school library which is the collection point... we will package everything up and have the boxes on display for the ANZAC assembly and then they will get posted that afternoon.

If you have any questions please see Mrs Swartz (in the library), Mrs Bzadough or Ms Hewitt (ANZAC Day Committee).

See below for details on what can be included in Care Packages.



Some suggestions are listed below:

Toiletries:

- o Deodorant (non aerosol)
- o Shaving cream (non aerosol)
- o Small bottle of talcum powder
- o Disposable razors
- o Shower Gel
- o Lip Balm

- o Small tinned consumables
- o Non-perishable foods
- o TIM TAMS

Other ideas:

- o Magazines - from Vogue to Men's Health
- o Puzzle books
- o DVDs

Food:

- o Instant Noodles
- o Biscuits
- o Lollies

We know the recipients are most appreciative of the packages and these people are very deserving of our support.

Thank you from the
SBPS ANZAC Day Committee

HUNTER WETLANDS CENTRE
1 Wetlands Place, Shortland, NSW 2307
PO Box 66, Shortland NSW 2307
Ph: 02 4951 6466
Email: hwca@wetlands.org.au Web: www.wetlands.org.au

**School
Holiday
Activities**

APRIL SCHOOL HOLIDAY PROGRAM AT THE HUNTER WETLANDS CENTRE

PLASTER ART

- Tuesday 17th April 2018 - (For 7 to 12 years) 9.30am - 12.30pm
Cost: \$25 per child - Bookings Essential Phone: 4951 6466
Explore the wetlands collecting 'found' objects eg. Shells, stone, bark. Use various techniques to decorate and turn into creative works of art.

MASKS

- Wednesday 18th April 2018 - (For 7 to 12 years) 9.30am to 12.30pm
Cost: \$25 per child - Bookings Essential Phone: 4951 6466
Kids will observe the wetland environment and use drawing, painting, collage, and other art techniques to express their understanding and appreciation of the wetland environment. They will be designing a wildlife mask to take home.

CANDLE MAKING

- Monday 23rd April 2018 - (For 7 to 12 years) 9.30am - 12.30pm
Cost: \$25 per child - Bookings Essential Phone: 4951 6466
Be inspired by a Sensory Garden walk to make your own scented candle, followed by other art inspired activities.

NESTS AND THEIR EGGS

- Tuesday 24th April - (For 5 to 12 years) 9.30am - 12.30pm
Cost \$25 per child - Bookings Essential Phone: 4951 6466
Explore the wetlands to see birds and reptiles. Design patterns on eggs and build large nests for them around the wetlands.

BUSH SKILLS

- Thursday 26th April 2018 - For 7 to 12 years 9.30am - 12.30pm
Cost: \$20 per child - Bookings Essential Phone: 4951 6466
Make (and eat) a damper, build a bush shelter. Take a guided walk and learn basic survival skills. Get up close and personal with some of our resident reptiles.

JOURNEY STICKS

- Thursday 26th April 2018 - For 7 to 12 years 9.30am - 12.30pm
Cost: \$25 per child - Bookings Essential Phone: 4951 6466
Come on a fascinating walk around the wetlands and discover animal footprints and tracks and gather material. Create design patterns of footprints to decorate your "journey stick", to tell the story of your walk.

WETLANDS PASSPORT & WETLANDS EXPLORER

Available any time during the school holidays. Cost: Free no booking required
Follow clues to explore the wetlands. Go in the draw for a weekly prize.

Bring the family to the Hunter Wetlands Centre
A fun, environmentally friendly learning experience!
Open 9am to 4pm

Entry: \$2 Per primary-school age child (special school holiday rate). Under 3 free. \$5 General entry
There's lots to do at the wetlands in the holidays: Dig-netting, children's playground, reptile encounter, walks, Maggie Geese feeding at 10.30am daily, canoeing, BBQ & picnic facilities, bring your bike and ride around, try orienteering. Full program at:
www.wetlands.org.au
Gift Shop: Ice-creams, drinks and affordable gifts for children & adults.
Wetlands Cafe: Open 10am to 2pm daily
Closed in shoes, hat, sunscreen and insect repellent recommended.

FootGolf

School Holiday Workshop

Monday 16 April, 3-530pm

If your child is into sports, soccer or has played FootGolf, this could be a fun workshop for them to attend with their friends!

\$15

per child

- Learn rules and basics
- FootGolf warm up games
- Kick-off and putting
- Play a few FootGolf holes!
- Sausage sizzle!

www.horizons.com.au/footgolf

...then click the "School Holiday Workshop" button

FootGolf is open 7 days a week from 3:30pm
Even during school holidays!

5 Horizons Drive, Salamander Bay
footgolf@horizons.com.au | 4982 0502



HEAD & HEART *mindfulness*

Calm minds • Happy hearts

Head and Heart Mindfulness offer classes in mindfulness, meditation and heartfulness to improve the mental health and wellbeing of children.

Our classes aim to improve:

- ♥ emotional regulation
- ♥ attention and concentration
- ♥ anxiety, stress and worry
- ♥ interpersonal skills

School Holiday Workshop Themes

NAPLAN Preparation

Confidence Boost

Thinking Positive

Superheroes

Unicorns and Dragons

- ♥ Classes held in Maitland on Tuesday 17th and Thursday 26th April

Term 2 After-school Programs

Brilliant Me—5-7 Yrs

Chill Skills—8-12 Yrs

- ♥ Classes held in Maitland on Tuesday afternoons

Visit

www.headandheartmindfulness.com.au

to find out more and book in.



YMCA Shoal Bay

Welcome to the Y

Week 11

Hello everyone...My name is Diane Olsen, and I have taken on the role of Co-ordinator of YMCA Shoal Bay. I have been in the childcare industry for over 20years. I live in Tanilba Bay with my partner, and together we have five children. I have enjoyed getting to know many families in my first week and am excited to meet more in Vacation care. If you have any questions, please do not hesitate to contact me in person, email or phone.

This is our last week of Term 1, before moving into Vacation Care. I have had lots stories about how wonderful Easter was for our families, and am glad everyone is safe and well. The children have been very focussed on outdoor games of an afternoon, including football, one bounce basketball, soccer and handball, using our gross motor skills.

Morning interests have been with craft, making chatterboxes, origami, drawing and stickle puffs. This is important for visual processing, self esteem, coordination and fine motor skills. Parents can check out our week ahead on the "What happening" poster on the hall door.

Vacation care booking forms are already out and online for your convenience or you can pick up a copy at the hall. Day programs can be viewed on the YMCA Shoal Bay website or on the hall door.

Did you know that Before school care is only \$15.50(Includes breakfast) Afterschool care \$21.50, as a casual add \$2 (Includes afternoon tea) and if you are entitled to **government rebates** you could be paying as little **\$4.00 BSC OR \$ 6.00 ASC.**

Come in for a quote it's not as expensive as you think.

Enrol now by going to our website

www.ymcansw.org.au